



THE
tiny miracles[®]
FOUNDATION

Helping preterm babies and their families

The medical community has shared with us that 10% of all babies born in Fairfield County will be premature. This trend is expected to continue to grow. These fragile and vulnerable preemies face severe and often critical medical complications during the early months and many will face lifelong disabilities. Their families are challenged emotionally and financially from time of birth through the growth and life of their child.



Each year TTMF touches the lives and benefits more than 1,000 preemies and their families. This number has grown every year and will continue to increase as more and more preemies are born. **Through our compassionate, comprehensive, and holistic programs and services we help parents meet the many and unexpected challenges of a preterm birth and provide the support from the early days in Neonatal Intensive Care Units through the ensuing years. TTMF provides parents with understanding and hope.**

TTMF programs and services comfort, guide, and strengthen parents of preemies. A sampling of these would include:

- Parent Mentoring
- Education & Resources
- Financial Assistance
- Equipment & Supplies
- Personal and Emotional Support
- After the NICU Support & Assistance
- On-line & Telephone Support & Referrals

All services, programs, and materials are provided free of charge.

Our ability to respond to the most vulnerable members of our community is made possible by the generosity of those who share our commitment to these preemies and families. As we continue to touch more and more lives in our community it is through the support of people just like you who make our work possible. We remain grateful to you and are fortunate to have you as part of the TTMF family.

*Please visit ttmf.org
for more information and to donate.*

Why Tiny Miracles?

- 60% of preemie parents experience short and long-term anxiety, depression, and distress due to the trauma of their baby's preterm birth.
- 40% of NICU parents suffer from Post-Traumatic Stress Disorder (PTSD).
- The effects of the emotional trauma can have a significant impact upon mental health, marriages, and the family.
- Peer support helps families cope and helps to develop the means of reducing the emotional effects of preterm birth.
- The Tiny Miracles Foundation is the only organization of its kind in the region.
- The Tiny Miracles Foundation has provided support for more than a decade and continues to expand and enrich its services and programs.



...because Tiny Miracles helps tiny babies and fragile families thrive.

Since 2005 The Tiny Miracles Foundation has touched the lives of more than 10,000 preemies and families. TTMF has provided more than \$1.5 million in compassionate support.

- Thousands of hours of 1 on 1 volunteer parent mentoring at 4 area hospitals.
- Funded development and on-going maintenance of 4 Resource Rooms, providing respite, educational materials, along with snacks and toys for siblings.
- TTMF has provided over \$200,000 in direct financial support for economically distressed families covering such necessities as rent, child care, heat, electricity, and transportation.
- \$200,000 of bonding, developmental, and baby equipment supplies.
- The bilingual TTMF website provides support and education for thousands of families across the nation. Social media reaches thousands of additional parents.
- TTMF continues to serve as a model for similarly concerned organizations throughout the United States.



*Make a difference in a tiny miracle's life today.
Please donate at ttmf.org*